**WINTER PLANTS THAT BLOOM IN GREECE**

***1.* Prunus webbii Spach (Αμυγδαλιά, πικραμυγδαλιά)**

(blooming from January-March)

 

 

The produce contains a toxic substance which is really dangerous. The seeds contain a kind of oil (amygdalarum) which is edible.

**properties**: Its oil is pharmaceutical and is used for making emulsions.

***2.Galanthus nivalis L. subsp. nivalis (γάλανθος ο χιονώδης*)**

(blooming from February-April)





**properties:** The tea of the bulbs is regarded as emetic

***3.Narcisus tazetta L. (γάλανθος ο χιονώδης*)**

(blooming from February-April)

 



**properties:** The tea of the bulbs is regarded as emetic

***4.Fumaria oficcinalis L. (φουμάρια η φααμακευτική, κανόχορτο, χιονίστρες, καπνιά, στάχτερη*) ****

(February-May)

properties: It is used for curing/healing eczemas, dermatitis and rash. It also acts as tonic, cathartic/laxative, diuretic and helps stomach problems. It fights obesity.